

“The Guardian”

After taking two personality tests, the results show that my personality to be the ESFJ style, known as “The Guardian,” from those results and reading the chapter on ESFJ in the book “Please Understand Me II” the following information has been obtained.

The word ‘Guardian’ is the English equivalent of the Greek word ‘Pistike,’ which means “Those with trustworthy convictions,” best considered as Providers/Protectors.

From examined both sides of character, negative as well as positive. He called the Guardians the “Hoarding” type, considering hoarding a bad thing to do, but on the positive side he praised them for their steadfastness and for being “careful,” “cautious,” “composed,” “economical,” “imperturbable,” “loyal,” “methodical,” “orderly,” “patient,” “practical,” and “reserved.”

Meyers- “conservative,” “consistent,” “dependability,” “detailed,” “factual,” “hardworking,” “painstaking,” “patient,” “preserving,” “routines,” “sensible,” “through,” “non-distracting,” and “unimpulsive” described the SJ’s might differ in being tough minded (F) in observing their schedules, and though they can be expressive (E) or reserved.

Guardians talk for the most part about the concrete particulars they observe in their material or social surroundings. SJ’s are good at small talk. At school the Guardians typically seek out courses that have some applications in the world of commerce, with an eye on the practical advantages of learning business skills.

Let us all cooperate with one another in pursuit of common goals, says the Guardian, for in the long run discipline and team work get us where we want to go. SJ’s run the show; seek out

the responsibility of command. Guardians care about being reliable. Guardians view if there is a job to be done, they must do it, and feeling obligated to shoulder the responsibility of working hard and accumulating assets so that the family members will fare well and prosper.

Guardians are prone to choose the part of the Conservator—insuring the supply and security of those persons and properties they are responsible for. Conservators tend to be more informative than directive, giving information reports, accounts, records and so on. Change for the guardian is unsettling, better that change occur through slow evolution than by sudden revolution. Loyal company man at work, performing his duties conscientiously, even working late to finish the job; and the faithful family man at home—washing the car, and mowing the lawn, seems almost incapable of refusing added responsibility and extremely loyal to their mate. Providers lean towards service occupations, great with sales, they are visibly and honestly concerned with their customers' welfare.

This stoical perspective can be seen in the Guardians conduct even when they are small children. By the age of 5, SJ's have already adopted a surprisingly adult work ethic, and as they grow up they take on their school and family duties with little complaint: chores, yard work, even odd jobs to earn a little extra money. Hard work and savings become more important as the SJ gets older.

Guardians are prepared, and even though many of their preparation are for things to go wrong, we must not conclude that they are gloomily forecasting calamity and disaster. Guardians have learned to expect the worst. Of course they'd much rather be optimistic, but they can't easily shake off their worries about all the possibilities things that can, and often do, go wrong. SJ's are more inclined to turn their thoughts to yesterday, rather than now or tomorrow.

Guardians must see themselves and be seen by others, as dependable, beneficent, and respectable. Guardians suffer when not appreciated for their efforts, but even worse they often fail to appreciate themselves and to find satisfaction in their own hard work. Self-esteem does not come easily to Guardians. Ever conscious of appearances, take very seriously the opinions of others. If treated unkindly, they become down hearted, and are prone to take the blame for whatever might be wrong in any situation. SJ's must be a giver, not a receiver, more interested in morality-right and wrong. SJ's are interested in helping or bettering others, naturally good Samaritans, a concerned citizen.

After studying and evaluating the results of my personality, the information is mostly accurate. I am a very talkative person who seeks approval of others more than me. It is very important to myself to take care of others, however, I still focus on my own feelings at the same time which sometimes tends to make me a little self-centered. Family and family matters are strongest to my heart as well as respect for others. Responsibility traits have been a natural characteristic and presented at an early age of 8 years old, as I learned about business by doing odd jobs and lawn care to supplement an allowance that was not available. Worry has always followed me around and sometime still haunts me, but most of all; the thoughts about yesterday tap me on the shoulder. I prefer to be self-employed; when it comes to work ethics, in the past I have been so committed to my work, my customers, and for growth and success, that I have actual caused some of my own worst fears to come true. No matter how much I have done right when it came to the few things that I did wrong, they out weighed the good, therefore, my self-esteem has always been challenged. Even though things of the past have happened, they are the things of the past and I press forward to gain the best that's to come.